

The River Room Breakfast Menu

Gluten Free Italian

We have a full range of Gluten free breakfast Pastries, Breads & Cereals on a separate Buffet station for your convenience.

Please ask your server about our Gluten free Pork Sausages, Black & White Clonakilty Puddings

The River Room Cooked Irish Fry €29

(Includes the full selection from our Continental Breakfast)

Loughnane's of Galway Pork Sausages (1,2)

Heffernan's of Newbridge Cured Back Bacon Rashers

Twomey's of Clonakilty Black & White Pudding (1)

Grilled Wine Tomato, Button Mushrooms

Served with Kavanagh's Free Range Eggs Fried, Scrambled, Poached or Boiled (3)

River Room Favourites

(Includes the full selection from our Continental Breakfast)

Oak Smoked Kippers with Herb Butter & Lemon (4, 6) (Supplement €7)

Omelette of Kavanagh's Free Range Eggs (3) (Supplement €5)

Traditional Free Range Benedict, Hollandaise Sauce, Newbridge Ham on Toasted Brioche (1, 3, 6)

(Supplement €9)

As a Member of Good Food Ireland Executive Chef Finbar Higgins supports the ethos

To prioritize the core indigenous ingredients of Irish cuisine and promote local and artisan food producers

Allergen Menu

1. Gluten	6. Milk	11. Sesame
2. Crustaceans	7. Peanuts	12. Sulphites
3. Eggs	8. Nuts	13. Lupin
4. Fish	9. Celery	14. Molluscs
5. Soy Beans	10. Mustard	

Breakfast Menu Continental Offering €22

Juice Selection

Freshly Squeezed Orange
Crinnaghtaun of Waterford Apple Juice
Prune, Pineapple, Cranberry
Freshly Squeezed Pink Grapefruit Juice

Fresh Fruit & Complete Selection

Fresh in Season Mixed Fruit Salad & Vanilla Syrup
In Season Melon
Fresh Pineapple Chunks
Poached Prunes in Port Syrup (12)
Pink Grapefruit Segments
Fresh Blueberries
Preserved Garden Pears with Orange Syrup
Helen Gee of Abbeyleix Fruit Preserves & Honey Selection
Nutella (5, 6, 7) & Peanut Butter (7)

Cereals & Irish Yogurts

Warm Flahavan's Irish Porridge finished with or without Cream (6)
Homemade Bircher Muesli (6,8)
K Club Muesli Blend
Froesties, cornflakes , All Bran , Weetabix, Special K, Bran Flakes (1,8), Rice Crispies, Granola(8)
Kibeg Farm, Co. Meath Natural Yogurt with Mango or Raspberry Coulis (6)
Hayes Farm Mixed Fruit Yogurts (6), Probiotic Dink (6)
Fresh Smoothie of the Morning (6)

Bakers Basket

K Club Brown Soda Bread (1, 3, 6), Brioche Loaf (1, 3, 6), Sourdough Loaf (1),

K Club Porridge and Seed Loaf (6, 8)

Mini Danish, Mini Croissants & Pain Au Chocolate (1, 5, 6)

Thin Homemade Pancakes with Lemon & Sugar (1, 6)

White or Brown Bread Toast (1, 5)

Chocolate and Mixed Berry Muffin (1, 3, 5, 6)

Chareulerie & Irish Cheeses

Finely Sliced Parma Ham, Salami & Pastrami

McConnells Irish Oak smoked Salmon (4)

Hegarty's of Cork Cheddar (6), Castlefarm Organic Kildare Cheese (6)

Denotes Low Cholesterol Foods