# BREAKFAST

9am-11.30pm

#### Hot Beverages Selection

Juice Selection: Orange, Cranberry, Apple,

## HEARTY & LIGHT

| Classic Buttermilk Scone                                    | 7  |
|---|----|
| Seasonal Preserves, Whipped Cream (1 Wheat, 3, 6)           |    |
| Sourdough Toast   | 6  |
| Seasonal Preserves, Butter (1 Wheat, 3, 6)                  |    |
| French Toast  | 13 |
| Berry Compote, Maple Syrup, Chantilly Cream (1 Wheat, 3, 6) |    |
| - Add Streaky Bacon   | 3  |

## EGG SPECIALS $\sim$

| <b>Eggs Benedict</b><br>Poached Eggs, Toasted Muffin, Glazed Irish Ham, Hollandaise Sauce<br>(1 Wheat, 3, 6, 12) | 15 |
|--|----|
| Three Egg Flat Omelette (3, 6)   | 16 |
| Choose from Ham & Cheese or Smoked Salmon & Chive or Spinach   |    |
| & Toasted Seeds (3, 4, 6)  |    |

### 'THE PALMER' SIGNATURE BREAKFAST

| Back Bacon, Sausage, Irish Puddings, Grilled Tomato, | 20 |
|--|----|
| Field Mushroom, Hash Brown & Eggs of your choice!    |    |
|  |    |

Tea/Coffee included (1 Wheat, 3, 6, 12)

#### VEGAN BREAKFAST

| Spiced Beans, Grilled Tomato, Avocado, Multi-Seed Bread | 16 |
|---|----|
|   |    |

(1 Wheat)

#### ALLERGENS

| 1 | Gluten      | 5 | Soy Beans | 9  | Celery    | 13 | Lupin    |
|---|-------------|---|-----------|----|-----------|----|----------|
| 2 | Crustaceans | 6 | Milk      | 10 | Mustard   | 14 | Molluscs |
| 3 | Eggs        | 7 | Peanuts   | 11 | Sesame    |    |          |
| 4 | Fish        | 8 | Nuts      | 12 | Sulphites |    |          |